

# Sky Social

## Annual Report



2025-2026



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## Introduction

The year 2025–26 marked a period of deep engagement, reflection, and transformation for Sky Social, as we strengthened our commitment to advancing gender justice, mental well-being, and digital inclusion across diverse and underserved geographies in India.

Working across Jharkhand, Maharashtra, Madhya Pradesh, Goa, Chandigarh, and Varanasi, our interventions were designed to respond to the interconnected and layered realities of inequality, where gender discrimination intersects with caste, class, geography, access to technology, and social norms. Recognizing that these challenges cannot be addressed in isolation, our approach integrated trauma-informed practices, intersectional feminist frameworks, and participatory methodologies to create meaningful and sustained impact. Through three flagship initiatives– Zehn Ki Lehar, Gender Justice Labs, and U.N.M.U.T.E, we engaged women, adolescents, and marginalized communities in processes that went beyond traditional awareness-building. These programs created safe, dialogic spaces where participants could reflect on their lived experiences, question internalized beliefs, build emotional resilience, and develop the confidence to act.

A key learning across all interventions was that transformation unfolds across three interconnected dimensions:

- Cognitive Transformation: Expanding understanding of gender, rights, mental health, and digital ecosystems
- Emotional Transformation: Enabling expression, healing, empathy, and self-awareness
- Behavioural Transformation: Supporting shifts in attitudes, decision-making, and community engagement

By working simultaneously across these layers, Sky Social's programs contributed to building not only informed individuals, but also emotionally resilient and socially conscious community leaders.





# SAAHAS

## Gender Justice Labs

in partnership with **Vital Voices global Partnership**

funded by **Estée lauder** through the beautiful forces grant

### About the Program

Gender Justice Labs (GJL) is a systems-driven initiative designed to address gender-based violence (GBV), mental health, and access to justice through a community-led and institutionally integrated approach.

The program has been implemented in two districts of Madhya Pradesh - Mandla and Damoh, regions where women and girls, particularly in tribal and rural communities, face significant barriers in accessing legal, emotional, and institutional support systems.



While multiple mechanisms such as One Stop Centres, police systems (Urja Desks), SHGs, and Panchayati Raj Institutions exist, they are often underutilized due to:

• Lack of awareness

• Social stigma

• Limited accessibility

• Weak coordination between departments

Gender Justice Labs addresses this gap by building localized, accessible hubs ("Labs") that integrate healing, legal literacy, digital tools, and leadership development, making support systems more visible, usable, and community-owned.



## Our Approach

Gender Justice Labs is designed as a holistic, multi-layered intervention, working simultaneously at:

- Individual level (healing, awareness, resilience)
- Community level (norm change, peer support, leadership)
- System level (institutional convergence, accountability, access to justice)



The approach combines:

### 1. Community-Based Gender Justice Labs

Two fully functional Labs (one in each district) act as safe, accessible hubs for:

- Healing and psychosocial support
- Legal information and referrals
- Digital access and information systems
- Training and community engagement

These Labs are designed as replicable models, embedded within district ecosystems.

### 2. Capacity Building and Training

Over 1,200+ individuals, including:

- Women and survivors
- Youth and students
- Elected Women Representatives (EWRs)
- Frontline workers and community stakeholders

are trained on:

- Gender-based violence prevention and response
- Legal rights and redressal mechanisms
- Mental health and emotional well-being
- Digital literacy and access to services



### 3. Healing and Psychosocial Support

The program facilitates trauma-informed healing circles for 250 women, using arts-based methods to support:

- Emotional expression and processing
- Collective healing and peer support
- Reduction in distress and isolation

These circles are complemented by legal support and referral pathways, ensuring women can access both emotional and institutional support systems.

### 4. Legal Literacy and Access to Justice

Legal awareness is integrated through simple, accessible formats, covering:

- Domestic Violence laws (PWDVA)
- Child protection (POCSO)
- Dowry and marriage-related laws
- Cyber safety and online harassment

Participants are linked with One Stop Centres (OSC), Police, and Legal Services Authorities (DLSA), enabling real pathways to justice.



## 5. Digital Innovation and IVR Systems

To bridge access gaps, the program introduces IVR-based crisis response systems in both districts. These systems:

- Allow women to seek help without needing smartphones
- Provide information on services and referrals
- Enable confidential reporting and support



Alongside this, digital literacy sessions build women's confidence in accessing helplines, portals, and safety tools.

## 6. Community Accountability and Safety

Gender Justice Labs actively engages communities in creating safer environments through:

### Safety Audits

- Conducted by youth, women, and stakeholders
- Identify unsafe spaces and risk factors
- Lead to community action plans

### Safety Charters

- Developed and adopted by Panchayats
- Integrated into local development plan (GPDPs/VRPs)

### District Dialogues

- Platforms for community voices
- Engagement with government stakeholders
- Presentation of findings and commitments

## 7. Youth Leadership and Campaigns

Young people play a critical role in shifting norms through:

- Street plays
- Murals and visual storytelling
- Digital campaigns and reels

These campaigns reach 2,000+ community members, challenging harmful norms around violence, mental health, and gender roles.

## 8. Peer Champions and Sustainability

The program identifies and trains community champions (youth, women, stakeholders) who:

- Facilitate peer support
- Continue awareness and healing work
- Strengthen local response systems

This ensures that the impact of Gender Justice Labs continues beyond the project lifecycle.

### Implementation Across Two Districts

Gender Justice Labs has been implemented in:

#### Mandla District

- Focus on tribal communities
- Strengthening access to justice in geographically dispersed areas
- Building awareness and institutional linkages

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#### Damoh District

- Focus on rural and semi-urban communities
- Addressing GBV, digital safety, and mental health gaps
- Strengthening community and youth engagement

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The dual-district implementation enables contextual adaptation while building a scalable model for replication across other districts.

## Impact

Gender Justice Labs is designed to create measurable, multi-level impact, including:

- Improved emotional well-being, with women reporting reduced distress
- Shift in gender attitudes, with increased support for equality and reduced tolerance for violence
- Increased help-seeking behaviour, with more women accessing legal and support systems
- Enhanced digital confidence, enabling access to services and information
- Stronger community accountability, with safety charters and local action plans in place



## Our Vision

Gender Justice Labs envisions communities where:

- Women and girls live with safety, dignity, and access to justice
- Mental health and emotional well-being are recognized and supported
- Communities actively challenge gender-based violence
- Institutions respond with accountability, sensitivity, and coordination

By combining healing, systems strengthening, and community leadership, GJL is building a scalable model of gender justice that can transform districts into safer, more equitable spaces for all.

Here's a strong, polished addition you can plug directly into your Gender Justice Labs page —this includes:

1. A powerful positioning line (CSR/global funder ready)
2. A dedicated "About the Funders" section (clean, credible, and aligned with global language)
3. Slightly elevated tone to match Vital Voices + Estée Lauder level storytelling

## About the Funders

Gender Justice Labs is supported by the Vital Voices Global Partnership and the Estée Lauder Emerging Leaders Fund (ELELF) under the Beautiful Forces Grant Program. This partnership positions the initiative within a global ecosystem of women-led change, while strengthening its ability to deliver deep, community-rooted impact in India.



## Vital Voices Global Partnership

Vital Voices Global Partnership is a leading international organization that invests in women leaders driving social, political, and economic transformation across more than 185 countries. With over two decades of experience, Vital Voices provides:

- Leadership development and fellowships
- Mentorship and global networking opportunities
- Strategic support for scaling impact-driven initiatives

Through programs like the Vital Voices Global Fellowship (VVGf), the organization equips leaders with the tools, visibility, and connections needed to accelerate systemic change.



## The Estée Lauder Emerging Leaders Fund (ELELF)

The Estée Lauder Emerging Leaders Fund, in collaboration with Vital Voices, launched the “Beautiful Forces” Grant Program to support women leaders who are creating transformative change in their communities.

The initiative is grounded in the belief that:

When women lead with empathy, courage, and collaboration, they become powerful forces for social transformation.

Through this support, Gender Justice Labs is able to expand its reach, deepen its interventions, and build scalable models of gender justice and safety.

## Leadership Recognition

Srishti Pragat, Founder of Sky Social, is a Vital Voices Fellow and a recipient of the Estée Lauder Companies’ Beautiful Forces Grant.

Her work has been recognized for:

- Advancing gender justice and women’s safety
- Building trauma-informed, survivor-centered models
- Integrating mental health, legal empowerment, and technology

This recognition brings:

- Global mentorship and strategic guidance
- Increased visibility for grassroots innovations
- Opportunities to scale Gender Justice Labs as a replicable model across regions



Positioned at the intersection of local realities and global feminist leadership, Gender Justice Labs represents a model that is both deeply contextual and globally relevant.

Backed by global leadership platforms and rooted in community realities, Gender Justice Labs is building a future where gender justice is not just an idea, but a lived, accessible reality for every woman.



# ZEHN KI LEHAR

In Partnership with  
Tata Communications CSR

## Leadership Recognition

### About the Program

Zehn Ki Lehar is a community-driven initiative that brings together mental well-being, gender equality, and women's leadership to create sustainable social change.

The program has been implemented in two distinct locations—Dumka in Jharkhand (with a focus on rural and tribal communities) and Pune in Maharashtra (urban and peri-urban settings). This dual implementation allows the model to respond to diverse social, cultural, and economic realities, while retaining a strong, adaptable core approach.

Across these contexts, women face multiple, intersecting challenges:



- Deep-rooted patriarchy and restrictive gender norms
- Limited access to safe spaces for emotional expression
- Normalization of gender-based violence
- Lack of awareness about legal rights and support systems
- Unaddressed mental health distress and emotional burden

In many cases, existing interventions focus on economic empowerment or awareness-building alone, without addressing trauma, internalized oppression, and the behavioural shifts needed within families and communities.

Zehn Ki Lehar was designed to fill this critical gap by creating a model that is deeply empathetic, participatory, and transformative.



# Our Approach

Zehn Ki Lehar adopts a holistic, trauma-informed, self-reflective and community-led approach, recognizing that empowerment is not a single intervention but a continuous process of healing, reflection, and action.

**The program integrates multiple components:**

## 1. Trauma-Informed Healing

All sessions are designed with sensitivity to women's lived experiences, ensuring that spaces are non-judgmental, safe, and empathetic. Participants are never forced to share but are gently encouraged to express at their own pace.



## 2. Expressive Arts-Based Engagement

Creative methods are central to the program, enabling women to explore emotions in ways that go beyond words. These include:

- Art and drawing
- Music and rhythm
- Zine-making and creative writing
- Movement and body-based expression
- Storytelling and narrative building



These mediums help participants process emotions, reduce internalized stress, and reconnect with their sense of self.

## 3. Gender Sensitization

Workshops unpack deeply embedded ideas of:

- Patriarchy and power structures
- Gender roles and expectations
- Toxic masculinity
- Everyday forms of discrimination and violence

This enables women to identify and question systemic inequalities that shape their lives.



## 4. Legal Literacy and Rights Awareness

Legal knowledge is simplified through stories, role-plays, and real-life scenarios, covering:

- Domestic Violence Act
- Workplace Sexual Harassment (POSH)
- Land and inheritance rights
- Child marriage laws
- POCSO
- Widow Rights



This ensures women not only understand their rights but also feel confident to seek help and support others.

## 5. Leadership Development

Participants are encouraged to step into leadership roles within their self-help groups and communities, enabling peer-led replication of learning.



### Healing Circles and Safe Spaces

At the heart of Zehn Ki Lehar are Healing Circles, structured, facilitated spaces where women come together to share, reflect, and support each other.

These circles:

- Break isolation and silence
- Encourage vulnerability and trust
- Build collective empathy and solidarity
- Create a strong sense of sisterhood and belonging

For many participants, this is the first time they are heard without judgment, making these spaces deeply transformative.

### Implementation Across Two Locations

Zehn Ki Lehar has been implemented across:

#### Dumka, Jharkhand

- Focus on tribal and rural women
- Addressing strong traditional norms and limited access to services
- Building foundational awareness on mental health, rights, and expression

#### Pune, Maharashtra

- Engagement with urban and peri-urban communities
- Addressing stress, identity, and gender dynamics in evolving social contexts
- Creating an environment where women can lead and create safe spaces for other community members

Despite contextual differences, both locations demonstrated that safe spaces and creative engagement can unlock powerful processes of healing and leadership.



## Impact

Zehn Ki Lehar has enabled women to:

- Develop emotional awareness and language for their experiences
- Build confidence to express, question, and assert themselves
- Understand and access their legal rights and protections
- Form strong peer support networks
- Step into leadership roles within their communities

Most importantly, the program has contributed to shifting mindsets, from silence to dialogue, from acceptance of inequality to questioning, and from isolation to collective strength.

The Ripple Effect

A core strength of Zehn Ki Lehar lies in its multiplier effect.

When one woman transforms, she influences:

- Her family
- Her peer group
- Her community

Over time, this creates environments where:

- Violence is challenged rather than normalized
- Help-seeking becomes safer
- Girls are encouraged to dream, study, and lead
- Emotional well-being is recognized as essential

This ripple effect ensures that the program's impact is sustained and community-owned.

## Our Vision

Zehn Ki Lehar envisions a world where:

- Women live with dignity, safety, and emotional well-being
- Communities foster empathy, equality, and collective care
- Conversations around mental health and gender justice are normalized

By nurturing leadership, healing, and awareness, Zehn Ki Lehar is not just creating change, it is building a movement of women-led transformation that continues to grow with every wave.





# U.N.M.U.T.E.

In Collaboration with  
The High Commission of Canada in India  
under the CFLI

## Uplifting Narratives through Media, Understanding, Technology & Expression

The U.N.M.U.T.E. Program is an initiative by Sky Social, supported by the High Commission of Canada in India under the Canada Fund for Local Initiatives (CFLI). The program focuses on empowering women, girls, and individuals from marginalized communities with the skills, confidence, and knowledge needed to participate safely and meaningfully in the digital world.



Through a combination of digital literacy, AI awareness, financial literacy, and creative expression, U.N.M.U.T.E. aims to nurture a generation of digitally confident community leaders.

The program is implemented across Goa, Chandigarh, and Varanasi, reaching participants from rural and peri-urban communities where access to structured digital learning opportunities can often be limited. Using a Training of Trainers (TOT) model, the program builds local capacity and ensures that knowledge continues to spread within communities.

The program has engaged with 150 impact leaders across the three locations, creating a diverse and inclusive learning community where participants support and learn from one another.



## Stories of Change

Beyond numbers and statistics, the most meaningful impact of the program lies in the confidence and transformation experienced by participants. For many women and girls, this is the first time they are exploring how digital platforms can be used not just for communication, but also for learning, entrepreneurship, and self-expression.



### Through the program, participants have begun to:



Use digital tools to support education and small businesses



Understand online safety and protect themselves from scams and misinformation



Explore creative expression through storytelling and community theatre



Speak more confidently about digital rights and opportunities

These small but powerful steps are helping participants move from being digital consumers to digital leaders within their communities.

Throughout the program, we heard inspiring stories from women and girls who shared how these workshops helped them rethink their relationship with technology and build confidence in navigating digital spaces.

### Program Activities

Over the course of seven engaging days, participants took part in a series of workshops designed to build practical skills while encouraging collaboration, creativity, and dialogue.

### Workshop on Digital & AI Literacy

During the two-day Digital and AI Literacy workshop, participants learned practical skills such as smartphone use, online safety, responsible social media engagement, voice typing tools, translation tools, and content creation.

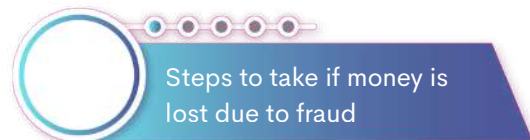
The sessions encouraged participants to explore how digital tools can support both personal growth and professional opportunities. Participants also worked together to create social media campaigns, reflecting on issues that matter to their communities and highlighting the role of digital platforms in driving awareness and change.



## Workshop on Financial Literacy & Government Schemes

This two-day workshop focused on helping participants build confidence in managing finances in the digital age.

Participants learned about:



The session also introduced participants to important government schemes and opportunities, including:

- PMGDISHA
- Pradhan Mantri Kaushal Vikas Yojana (PMKVY)
- PM-USP
- Prime Minister's Rural Development Fellows Scheme

Participants also learned about state-level schemes and how these initiatives can support skill development, financial independence, and livelihood opportunities.

## Confidence Circles & Creative Expression

This one-day session focused on building confidence, communication skills, and leadership. Through storytelling, public speaking exercises, and community theatre activities, participants explored ways to express their ideas and experiences creatively. These activities helped uncover hidden talents, encouraged collaboration, and gave participants the confidence to share their voices both online and within their communities.



## Key Highlights

- Many participants were first-time or early-stage digital users who owned smartphones but lacked the confidence to fully utilize digital platforms.
- The program was intentionally inclusive, with participation from women, girls, boys, and men, emphasizing that digital spaces should be safe and accessible for everyone.
- Nearly 150 participants joined the program across the three locations over the seven-day training cycle.
- Cybercrime Cells from all three states contributed to the sessions, helping participants understand online risks and safety measures.
- A special session on financial fraud, online harms, and digital risks was conducted by the Chandigarh Cybercrime Cell.
- In Varanasi, the program was graced by the ACP Cybercrime, and in Chandigarh, sessions were supported by a Sub-Inspector from the Cybercrime Unit, offering participants practical insights on cyber safety.





# Sky Social Signs MoU with MP State Commission for Women to Launch Mental Health Wellness Centres

Sky Social has signed a Memorandum of Understanding (MoU) with the Madhya Pradesh State Commission for Women to establish Mental Health Wellness Centres aimed at strengthening mental health and psychosocial support for women and girls.

The MoU was signed in the presence of Vijaya Rahatkar, President of the National Commission for Women.

Through this partnership, we aim to create safe community spaces where women—especially survivors of violence—can access trauma-informed counselling, peer support, healing circles, and mental health awareness initiatives. This collaboration is a step towards normalizing conversations around mental well-being and building supportive ecosystems where women can heal, reclaim their strength, and thrive.



# International Awards & Recognitions

## Beautiful Forces Grant

### Recognition at the United Nations General Assembly

Our founder, Srishti Prगत, was honored with the prestigious Estée Emerging Leaders – Beautiful Forces Grant Award by @esteelauder, in partnership with @vitalvoices, in New York City.

This recognition celebrates her dedicated leadership in advancing gender equality, mental health, and social inclusion in India, and the transformative impact this work is bringing to communities worldwide.

This grant will enable us at @skysocialorg to establish Gender Justice Labs — hubs for creating survivor-centered, trauma-informed change and innovation. Through this grant, we will also build tech-enabled solutions in the tribal districts of Madhya Pradesh that not only respond to gender discrimination and violence, but also create pathways of resilience — where women and youth can heal, upskill, and step into leadership within their communities.



## One Young World Summit 2025

### Hauwa Ojeifo Scholarship 2025

Being chosen as one of the first-ever hauwa\_ojeifo Scholars and attending the oneyoungworld Summit in Munich, Germany has been one of the most transformative moments of my journey.

Representing skysocial I had the space to share our work on gender-based violence, mental health, and survivor-centered healing in India. But more than presenting, this experience opened my heart in ways I didn't expect.

Hauwa Ojeifo is someone I deeply admire, a woman who leads with vulnerability, courage, and compassion. Her work in mental health and gender justice has created pathways for countless women to be seen, heard, and held with dignity. To be her scholar means carrying her legacy of truth-telling and resilience.





# THE IMPACT TALKS



Impact Talks is a podcast series powered by Sky Social and hosted by Srishti Pragat, dedicated to amplifying stories of change, resilience, and innovation.



**Podcast Episodes**



**Featured Guests**



**Key Insights & Stories**



## KEY INSIGHTS & STORIES

The Podcast Show takes you beyond stories of change and inspiration. Rooted in digital magic and powered by the Skysocial, our every discussion, every engagement, from talking about the real-life stories of the community.

Through engaging conversations with changemakers from diverse backgrounds — including activists, community leaders, policymakers, and social entrepreneurs — Impact Talks explores powerful narratives that inspire action and ignite change. From grassroots movements to global advocacy, each episode dives into personal journeys, challenges faced, and transformative solutions that are driving social impact.

## MR. SURESH TOMAR

A Seasoned Officer from the Women and Child Development Department of Madhya Pradesh,

### - Talked About

- The challenges and strategies in addressing gender-based violence in Madhya Pradesh
- SANKALP: HEW initiative and its impact on women's rights and community safety
- Insights from the Kolkata rape case and its policy implications
- How the government is working with local stakeholders, NGOs, and youth to create safer communities



## MR. GREG PARDO

A Foreign Service Officer currently serving as the U.S. Consulate spokesperson in Mumbai, India.

### - Talked About

- Gain insights into international diplomacy, cultural experiences in India, and the impact of community service. Subscribe for a captivating conversation on global affairs and social impact



## DR. ABHIJEET PATHAK

Chief of Party, MOMENTUM Country and Global Leadership (India-Yash), and Country Lead for Family Planning, Gender, and Youth at Jhpiego.

### - Talked About

- The Transition in Public Health - From vertical programs to holistic approaches that combine health systems, gender equity, and universal health coverage. Youth, Gender, and Family Planning - The interconnected importance of these areas in creating sustainable and empowered communities, including efforts to support youth leadership and education for gender equality.

## GARGEE KANHERE

A Licensed Clinical Psychologist, Trauma-Informed Therapist, and Expressive Arts Facilitator.

### - Talked About

- What really happens in therapy (beyond the stereotypes)
- Understanding trauma – and how it shows up in everyday life
- How healing is both personal and political
- The role of expressive arts in therapy
- Trauma-informed approaches to mental health



The platform strengthens narrative-building and positions Sky Social as a thought leader in gender justice, youth leadership, and social transformation.

Across geographies and programs, several critical insights emerged that deepen our understanding of both progress and persistent challenges:

### **1. The Awareness : Action Gap Remains a Central Challenge**

While there has been a clear and measurable increase in awareness around gender equality, rights, mental health, and digital safety, participants continue to face significant barriers in translating this awareness into action.

- Social norms continue to regulate behaviour
- Fear of backlash, isolation, or reputational harm limits decision-making
- Limited trust in institutional systems discourages reporting or seeking support

This highlights that knowledge alone is insufficient, sustained support systems and enabling environments are essential for behavioural change.

### **2. Internalised Patriarchy is Deeply Entrenched and Often Invisible**

One of the most consistent findings across programs was the presence of internalised patriarchal beliefs, especially among women themselves.

- Women often replicate restrictive norms in their own lives and relationships
- There is a tendency to perceive other women as competitors rather than allies
- Self-doubt, guilt, and normalization of inequality continue to shape choices

Even when participants intellectually reject these norms, unlearning remains an emotional and long-term process, requiring continuous engagement.

### **3. Emotional Well-being is Not Peripheral, It is Foundational**

Mental and emotional well-being emerged as a critical entry point for deeper social transformation.

- Many participants had never previously engaged in conversations around emotions
- Safe spaces enabled sharing of trauma, stress, and lived experiences of violence
- Emotional literacy strengthened participants' ability to reflect and make informed choices

Programs that integrated healing, reflection, and expression saw significantly deeper engagement and openness, reinforcing that policy and rights-based work must be complemented by psychosocial support.

### **4. Safe Spaces Enable Voice, Agency, and Collective Solidarity**

Across all three initiatives, participants consistently identified safe, non-judgmental spaces as the most impactful component.

These spaces:

- Encouraged honest dialogue and vulnerability
- Reduced fear of judgment and social repercussions
- Fostered peer learning and collective support systems

Over time, these spaces contributed to a shift from individual silence to collective voice, enabling participants to support not only themselves but also others in their communities.

## 5. Digital Inclusion Requires Confidence, Not Just Access

The U.N.M.U.T.E. program highlighted a critical gap between access to technology and the ability to use it meaningfully.

- Many participants owned smartphones but lacked digital confidence
- Limited awareness of cyber risks made them vulnerable to fraud and misinformation
- Digital tools were underutilized for education, livelihoods, and expression

Through structured interventions, participants began transitioning from passive digital users to informed and confident digital participants, using technology for learning, entrepreneurship, and advocacy .

## 6. Youth Engagement is Critical for Long-Term Norm Shifts

Engagement with youth through Gender Justice Labs demonstrated that early intervention can significantly influence attitudes and behaviours.

- Young participants showed openness to questioning gender norms
- Inclusion of boys helped initiate conversations around healthy masculinity and allyship
- Emotional literacy among youth led to more empathetic and equitable perspectives

This reinforces the importance of investing in young people as agents of long-term social change.

## 7. Intersectionality Significantly Shapes Outcomes

Experiences across locations highlighted that gender does not operate in isolation.

- Tribal contexts, caste hierarchies, and economic marginalisation influence access and agency
- Digital exclusion is often higher in rural and peri-urban communities
- Social location affects both opportunity and vulnerability

Programs that acknowledged and addressed these intersections were more responsive, inclusive, and impactful.

## 8. Emergence of Grassroots Leadership and Peer Influence

A significant outcome across initiatives was the emergence of community-based leaders.

- Participants began facilitating discussions within their own networks
- Women and youth demonstrated increased confidence in public speaking and expression
- Peer-led support systems started forming organically

These early leadership shifts indicate strong potential for sustained, community-driven change beyond program timelines.



## Conclusion

The experiences and learnings from 2025–26 reaffirm that transformative social change is both deeply personal and inherently collective. While there are visible shifts in awareness, confidence, and emotional resilience, the journey toward sustained behavioural and structural change requires time, continuity, and ecosystem-level engagement.

Sky Social's integrated approach, combining gender justice, mental well-being, and digital empowerment, has demonstrated that meaningful impact lies in addressing both:

- The internal landscape (beliefs, emotions, identity, confidence)
- The external environment (systems, institutions, access, opportunities)

As we move forward, the focus will be on:

- Strengthening long-term engagement models beyond one-time interventions
- Building stronger institutional convergence for support and accountability
- Expanding community-led and peer-driven leadership models
- Deepening the integration of trauma-informed and intersectional approaches

Most importantly, this year has shown that when individuals are given the space to reflect, heal, learn, and lead, they begin to challenge not only their own limitations but also the structures around them.

The voices that once remained unheard are now beginning to question, express, and lead signalling the emergence of more empathetic, equitable, and resilient communities. Sky Social remains committed to nurturing this transformation, ensuring that change is not temporary, but deeply rooted and sustained across generations.

